

Woody Aths - Cross Country

Week:	Six
Date:	25th May 2024
Location:	Golden Acres Spring

Woody Aths ran the Golden Acres Sprint in the Haddon Common. This run is sponsored by the Luke
The next run will be in Victoria Park in Ballarat.

Fastest Times:

U6: Alyssa E; u8: Alby M ; u10: Declan E & Leroy B ; u12: Jed B; u14: Lachlan A

Junior Handicap Winners:

1st Leroy B, 2nd Declan E, 3rd Alyssa E

Senior Handicap Winners:

1st Fletcher M, 2nd Jed B, 3rd Huon A

All results are displayed on our website: <http://woodyathletics.org.au/results/>

All runners go into the chocolate draw.

This weeks draw winners was Lacey B.

Name	Age	Dist	Time	HCP	Race Time	VARs	Dam Relay
						Time p/100m	
Alyssa E	u6	400	2.54	5.25	8.19	0.435	0.412
Brylee W	u6						
Lacey B	u6	400	3.04	5.26	8.3	0.46	
Nate M	u6						
Reggie C	u6						
Alby M	u8	1000	5.2	3	8.2	0.32	0.412
Aurora W	u8						
Benji F	u8						
Evie C	u8	1000	7.03	1.59	9.02	0.423	0.434
Lachlan H	u8	1000	5.54	3.04	8.58	0.354	
Theo E	u8	1000	6.05	3.2	9.25	0.365	0.379
Annabelle F	u10	1000	8.06	1.25	9.31	0.486	0.44
Declan E	u10	1000	5.03	3.11	8.14	0.303	0.304
Dempsey M	u10	1000	5.37	3.02	8.39	0.337	0.428
Leroy B	u10	1000	5.03	3.05	8.08	0.303	0.308
Nellie W	u10	1000	6.5	1.53	8.43	0.41	
Winter M	u10	1000	7.01	1.47	8.48	0.421	0.428
Fletcher M	u12	1585	8.18	14.58	23.16	0.314	0.321
Huon A	u12	1585	8.42	14.53	23.35	0.329	0.315
Jed B	u12	1585	8.02	15.17	23.19	0.304	0.367
Lucas E	u12	1585	9.08	14.31	23.39	0.346	0.335
Pippa W	u12	1585	12.11	13.31	25.42	0.461	
Ava A	u14						
Ruby A	u14						
Lachlan A	u14	3170	15.48	9.32	25.2	0.299	0.255
Sullivan M	u14						